

Candy Cane Marshmallows

Years ago when I first put together my recipe list for the baking book I wanted to include these festive holiday marshmallows. They were dropped. Well here you have it.. It makes a holiday table just "pop"

Yield: 1-1/2 pounds

9x13x2 pan, sprayed with a non-stick spray and dusted with powdered sugar.

1 cup powdered confectioners' sugar

3-1/2 envelopes unflavored gelatin

1/2 cup cold water

2 cups granulated sugar 1/2 cup light corn syrup

1/2 cup hot water (about 115°F)

1/4 teaspoon salt

2 large egg whites 1 teaspoon vanilla

3 drops peppermint oil

Tulip Red candy paste coloring

1/2 cup crushed candy canes.

- 1. In mixer bowl, sprinkle gelatin over cold water, mix with a fork and let stand to soften. Attach whip attachment.
- 2. In a 3-quart heavy saucepan on medium heat, cook granulated sugar, corn syrup, hot water, and salt over low heat, stirring with a wooden spoon, until sugar is dissolved. Increase heat to moderate and boil mixture, without stirring, until a candy or digital thermometer registers 240°F, about 12 minutes. Remove pan from heat and pour sugar mixture over gelatin mixture, stirring until gelatin is dissolved. Beat mixture on high speed until thick and nearly tripled in volume, about 6 minutes. Set aside.
- 3. In a very clean mixing bowl and whip, on low speed, whip egg whites until they just hold stiff peaks. Fold vanilla and pepermint oil into sugar mixture until just combined. Fold in crushed candy canes. Pour mixture into baking pan, smoothing to the sides. Take an drop dropletts of red coloring on the surface of the marshmallows. Using a toothpick, draw the coloring through the marshmallows to create a red marblization. Sift 1/4-cup powdered sugar evenly overtop. Chill marshmallow, uncovered, until firm, at least three hours, and up to 1 day. Cut using a knife that has been dipped in canola oil.